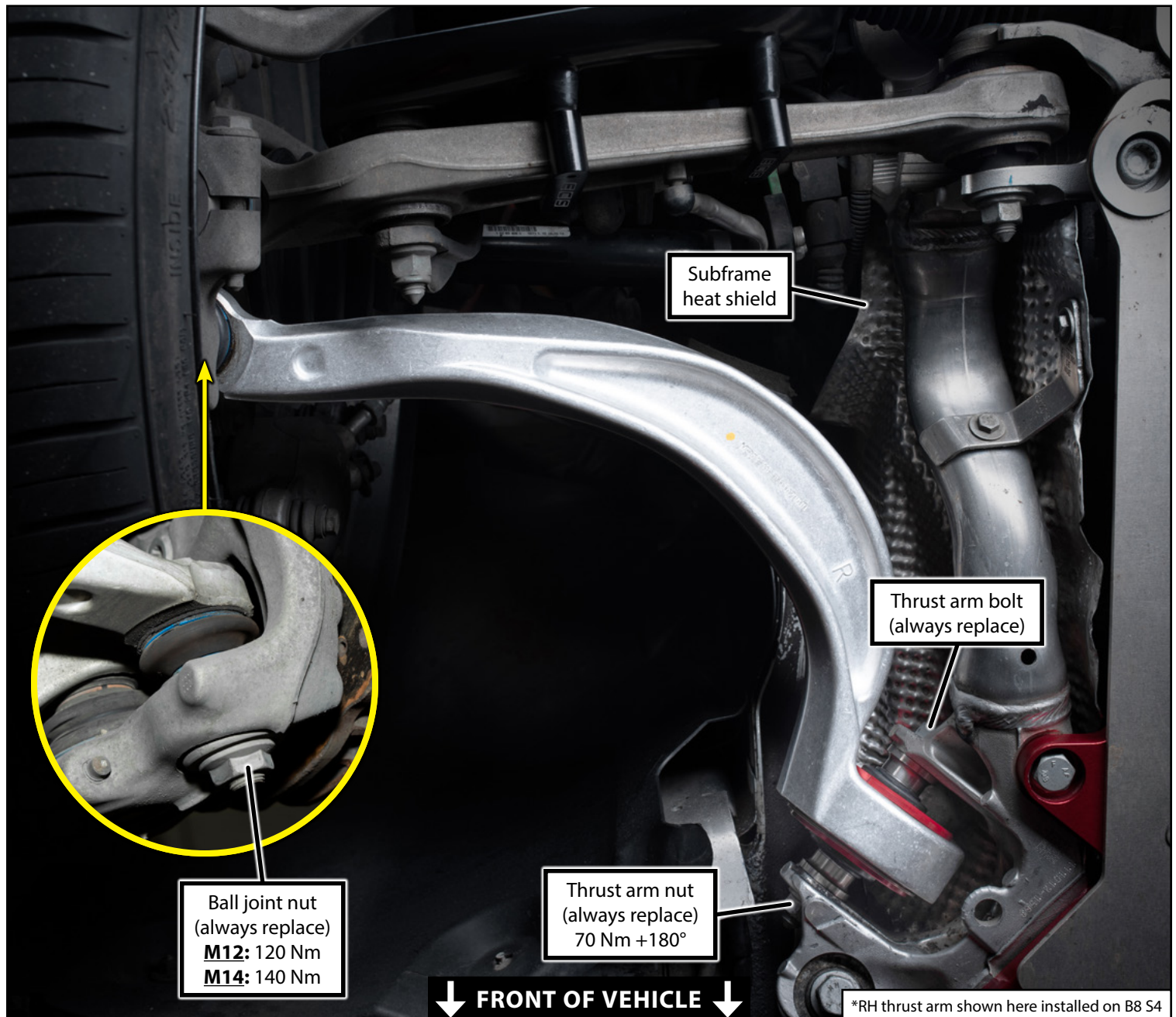


Section 1: Replacing the Thrust Arms

1. Safely lift and support the vehicle from below, remove the front wheels.
2. Remove the ball joint nut from the spindle (***be extremely careful not to damage CV boot in the process***).
3. (OPTIONAL) Remove the subframe heat shield.
4. Remove the thrust arm bolt.
5. Remove and replace the thrust arm.
6. Tighten the ball joint nut to specification:
 - **M12:** 120 Nm
 - **M14:** 140 Nm
7. Counter-hold the thrust arm bolt while you torque the nut to 70 Nm + 180°.
8. Immediately have a 4-wheel alignment performed, then enjoy your upgrade!



Proper service and repair procedures are vital to the safe, reliable operation of all motor vehicles as well as the personal safety of those performing the repairs. Standard safety procedures and precautions (including use of safety goggles and proper tools and equipment) should be followed at all times to eliminate the possibility of personal injury or improper service which could damage the vehicle or compromise its safety.



Skill Level 1: Easy