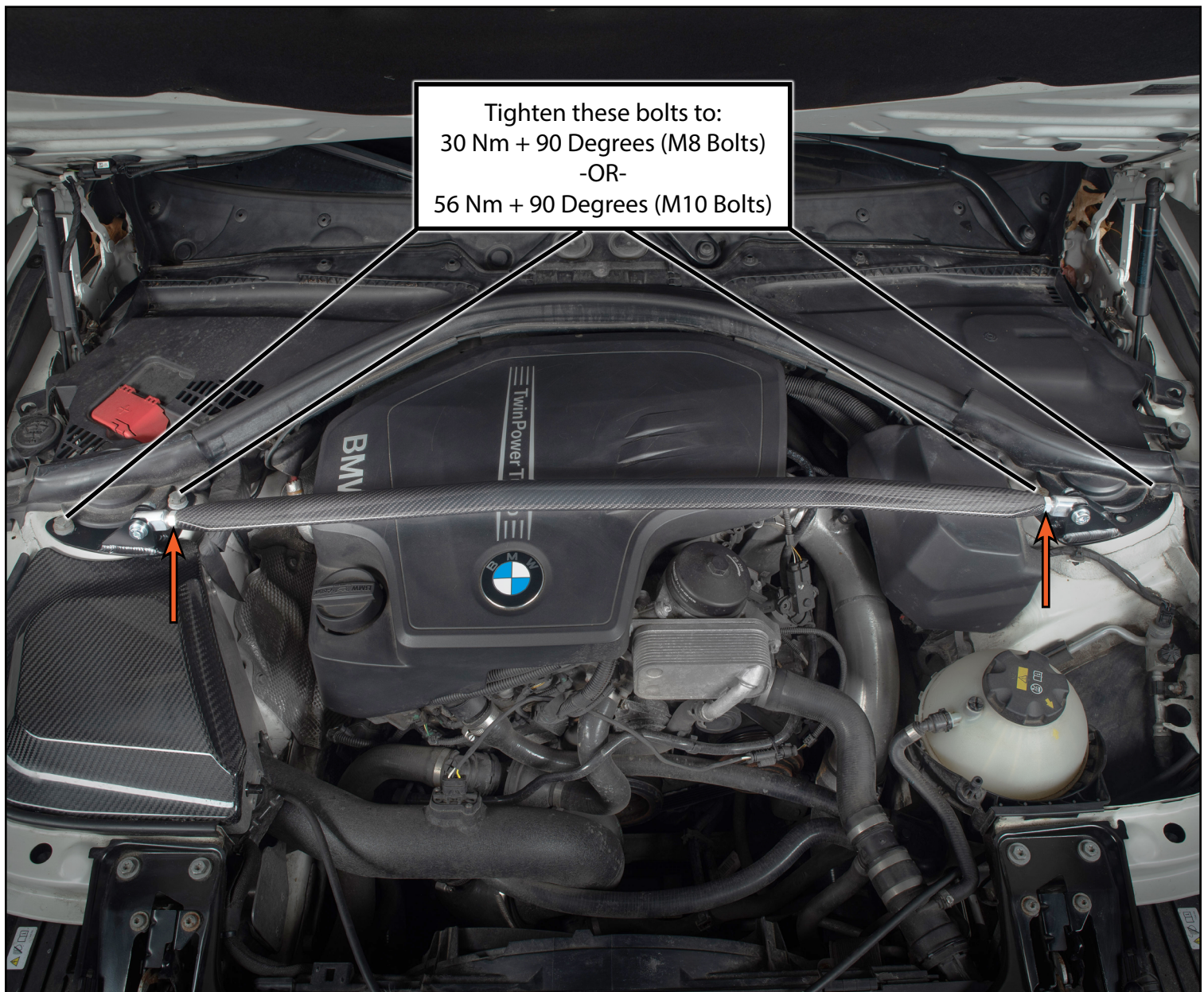




BMW F3x Carbon Fiber Front Strut Tower Brace Installation Overview - [ES4445761](#)

1. Remove the four frontmost bolts which secure the strut mount to the strut tower. On certain vehicles, there will be 2 additional bolts which must be removed as well.
2. Install the brace onto the strut tower, then replace the bolts, torquing them to:
M8 Bolts: 30 Nm (22 Ft-lbs) + 90 degrees
M10 Bolts: 56 Nm (41 Ft-lbs) + 90 degrees
3. To pre-load the brace, loosen the jam nuts (arrows), rotate the bar until it feels neutral, then rotate the bar a full 360° to SHORTEN the length before retightening the jam nuts until snug.

Congratulations, your installation is complete!



Proper service and repair procedures are vital to the safe, reliable operation of all motor vehicles as well as the personal safety of those performing the repairs. Standard safety procedures and precautions (including use of safety goggles and proper tools and equipment) should be followed at all times to eliminate the possibility of personal injury or improper service which could damage the vehicle or compromise its safety.